

FEBRUARY 2025

OUR LADY OF FATIMA
 1735 ALEXANDER ROAD
 DELANSON, NY 12053
 MONDAY, WEDNESDAY, FRIDAY
 10:00AM-1:00PM



BREAD IS PROVIDED WITH EVERY MEAL.
 1% MILK IS SERVED DAILY
 CALL (518)382-8481 X 1302 TO RESERVE OR
 CANCEL MEAL.

SUGGESTED MEAL CONTRIBUTION:
 REGISTERED GUESTS 60 AND OVER - \$2.00
 REQUIRED FEE FOR GUESTS UNDER 60 -
 \$10.00

CASH PREFERRED
 MENU ITEMS ARE SUBJECT TO CHANGE

RESERVATIONS ARE REQUIRED

SCHENECTADY COUNTY SENIOR &
 LONGTERM CARE WEBSITE:
 WWW.SCHENECTADYCOUNTYNY.GOV

NY CONNECTS
 (518) 382-8481 X1

Monday	Tuesday	Wednesday	Thursday	Friday
Story Time 3 Ravioli w/ Meat Sauce Peas & Carrots Green Salad Banana	4	Add Some Colors 5 Carrot Ginger Soup Turkey & Cheese Sandwich Cherry Crisp	6	BINGO 7 Stuffed Turkey Squash Vegetables Rice Pilaf Grapes
Dominoes 10 American Breakfast Quiche, Home Fries Waffles, Berries Oat Meal, Banana Bread	11	Show n Tell 12 Split Pea and Ham Soup Garden Salad Potato Pineapple	13	Valentine's Craft 14 Cheeseburger Cabbage Slaw Strawberry w/ Chocolate
CLOSED 17 President's Day	18	Cornell Presentation 19 Turkey Chili w/ beans and Vegetables Yogurt Sunday	20	Corn Hole 21 Baked Salmon Vegetable Medley Quinoa Pilaf Pears
Corn Hole 24 Philly Cheese Steak Garden Salad Potato Wedges Banana	25	Birthday 26 Pulled Pork Green Beans Apple Sauce Quinoa Pilaf Grapes	27	Movie 28 Mexican Chicken Soup w/ Vegetables Tortilla Chips Brown Rice Pilaf Cherry Cobler

THE SENIOR NUTRITION PROGRAM HELD AT OUR LADY OF FATIMA IS OPERATED BY SIMONE'S UNDER CONTRACT WITH THE SCHENECTADY COUNTY OFFICE OF SENIOR & LONG TERM CARE. THE PROGRAM IS FUNDED BY THE OLDER AMERICANS ACT, NYS OFFICE FOR THE AGING, SCHENECTADY COUNTY, AND CONTRIBUTIONS. THE PROGRAM PROVIDES SERVICES AND ACCESS TO SERVICES WITHOUT REGARD TO RACE, RELIGION, SEX, NATIONAL ORIGIN, PARTISAN AFFILIATION, OR SEXUAL ORIENTATION.

DM Siml, PDN 1/29/25

FEBRUARY 2025

JEWISH COMMUNITY CENTER
 2565 BALLTOWN ROAD,
 NISKAYUNA, NY 12309
 MONDAY, WEDNESDAY,
 FRIDAY 10:00AM-1:00PM



BREAD IS PROVIDED WITH EVERY MEAL.
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	Monday	Tuesday	Wednesday	Thursday	Friday
BINGO 3	Greek Chicken Mixed Garden Salad Basmati Rice Fresh Whole Fruit		Heart Health Month 5 AARP Video Stuffed Cabbage Zucchini and Carrots Fruit Cocktail		Super Bowl Trivial Pursuit 7 Pot Roast Potato Roasted Vegetables Lemon Cake
Heart Cut out 10 Paper Wreaths	BBQ Chicken Cole Slaw Potato Salad Corn Bread Cup Cake		Name that Love 12 Story Game Chicken Schnitzel Italian Veggies Pasta Fruit Salad		Friendship Cards 4 Craft Roast Turkey Fresh Carrots Cranberry Sauce Mashed potatoes White cake
CLOSED 17 President's Day			Rebus Puzzles 19 Riva Chicken Roast Carrots Brown Rice Brownies		Karaoke Singalong 21 Roast Brisket Roasted Mixed Vegetables Roasted Potatoes Brown Cake
Lavendar Cloud Dough 24	Baked Chicken legs Mixed Veggies Cole Slaw Fresh Fruit		Ticket to Ride 26 Board Game Turkey Meat Loaf Peas and Carrots Whipped Potatoes Cup Cake		Corn Hole 28 Chicken Francaise Mixed Vegetables Potato Chocolate cookies

THE SENIOR NUTRITION PROGRAM HELD AT SCHENECTADY JEWISH COMMUNITY CENTER IS OPERATED BY 518 KOSHER UNDER CONTRACT WITH THE SCHENECTADY COUNTY OFFICE OF SENIOR & LONG TERM CARE, THE PROGRAM FUNDED BY THE OLDER AMERICANS ACT, NYS OFFICE FOR THE AGING, SCHENECTADY COUNTY, AND CONTRIBUTIONS. THE PROGRAM PROVIDES SERVICES AND ACCESS TO SERVICES WITHOUT REGARD TO RACE, RELIGION, SEX, NATIONAL ORIGIN, PARTISAN AFFILIATION, OR SEXUAL ORIENTATION.

D. Shind, PDW 1/27/25

FEBRUARY 2025

GLENVILLE SENIOR CENTER
 32 WORDEN ROAD,
 GLENVILLE, NY 12302
 MONDAY THRU FRIDAY
 10:00AM-1:00PM



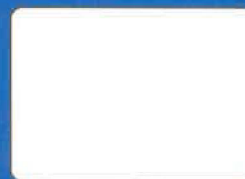
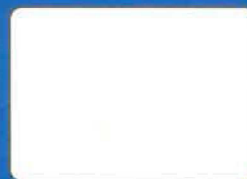
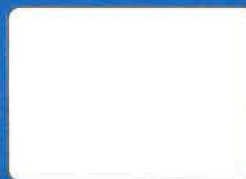
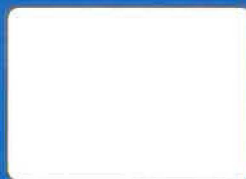
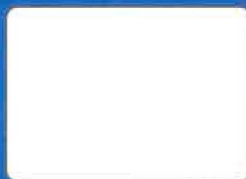
Monday

Tuesday

Wednesday

Thursday

Friday



Candy BINGO 3
 Chicken w/ Florentine Sauce
 Rice Pilaf
 Peas & Carrots
 Fruit Cocktail

Wheel of Fortune 4
 Salisbury Steak w/ Gravy
 Mashed Potatoes
 Butternut Squash
 Applesauce

BINGO 5
 Turkey Burger w/ Mush.
 Swiss Sauce on Bun
 Mixed Vegetables
 Warm Berry Crisp
 Yogurt

Color Pictures 6
 Swedish Meatballs
 Egg Noodles
 Broccoli
 SF Chocolate Pudding

1960's Trivia 7
 Seafood Newburg
 Rice Pilaf
 Vegetable Trio
 Corn Muffin
 Orange

Valentines BINGO 10
 Beef & Rice Casserole
 Peas
 Peach Crisp

Trivia 11
 Egg Salad on a Bun
 Coleslaw
 Marinated Vegetable Salad
 Banana

Chinese New Year Celebration 12
 Special Meal

Valentines Art 13
 Shepherd's Pie
 Spinach
 Cranberry Crunch
 Graham Crackers

Sharing Time 14
 Chicken Marsala
 Parmesan Noodles
 Garlic Broccoli
 Frosted Cake

CLOSED 17
President's Day

Funny Stories 18
 Chicken Stew
 Biscuit
 Broccoli
 Butternut Squash
 Shortbread Cookies

BINGO 19
 Fiesta Meatloaf w/ Gravy
 Mashed Potato
 Mixed Vegetables
 Applesauce

Paint Pictures 20
 Beef & Broccoli
 Rice Pilaf
 Green & Wax Beans
 Fruit Cocktail

Favorite Commercial 21
 Eggplant Parmesan
 Pasta w/ Marinara Sauce
 Asparagus Medley
 Yogurt

50's Music 24
 Pork & Bean Casserole
 Broccoli
 Apple Crisp

Celebrating Music 25
 Turkey w/ Divan Sauce
 Mashed Potatoes
 Butternut Squash
 Pumpkin Muffin
 Applesauce

Birthday Celebration 26
 Pot Roast w/ Gravy
 Mashed Potatoes
 Vegetable Trio
 Frosted Cake

Piano Music 27
 Chicken Ala King
 Rice Pilaf
 Mixed Vegetables
 Mandarin Oranges

Cornell Presentation 28
 Seafood Salad on Bun
 Macaroni Salad
 Marinated Green Beans
 Pears

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SENIOR NUTRITION PROGRAM HELD AT GLENVILLE SENIOR CENTER IS OPERATED BY MAZZONE'S UNDER CONTRACT WITH THE SCHENECTADY COUNTY OFFICE OF SENIOR & LONG TERM CARE. THE PROGRAM IS FUNDED BY THE FEDERAL GOVERNMENT UNDER THE AMERICANS ACT, NYS OFFICE FOR THE AGING, SCHENECTADY COUNTY, AND CONTRIBUTIONS. THE PROGRAM PROVIDES SERVICES AND ACCESS TO SERVICES WITHOUT REGARD TO RACE, RELIGION, SEX, NATIONAL ORIGIN, ANCESTRY, ETHNICITY, PARTISAN AFFILIATION, OR SEXUAL ORIENTATION.

John Hill, RDW 1/27/25

FEBRUARY 2025

TEN EYCK
375 BROADWAY,
SCHENECTADY, NY 12305
MONDAY THRU FRIDAY
10:00AM-1:00PM



	Monday	Tuesday	Wednesday	Thursday	Friday
Add Some Colors 3 Ravioli w/ Meat Sauce Peas & Carrots Green Salad Banana	Story Time 4 Beef Taco w/ Sour Cream, Cheese, Lettuce and Tomato Pico Berries Parfait	Roll the Dice 5 Carrot Ginger Soup Turkey & Cheese Sandwich Cherry Crisp	Memory Games 6 Baked Cod Vegetable Medley Chickpea Salad Strawberry Cheesecake	BINGO 7 Stuffed Turkey Squash Vegetables Rice Pilaf Grapes	
Chair Exercise & Relaxation 10 American Breakfast Quiche, Home Fries Waffles, Berries Oat Meal, Banana Bread	Checkers Club 11 Chicken Garlic w/ White Sauce Sauteed Broccoli Pasta Oatmeal Cookies	BINGO 12 Split Pea and Ham Soup Garden Salad Potato Pineapple	Mingle and Chat 13 Turkey Vegetable Loaf Broccoli & Carrots Sweet Potato Applesauce	Valentine's Craft 14 Cheeseburger Cabbage Slaw Strawberry w/ Chocolate	
CLOSED 17 President's Day	Games Day 18 Chicken Vegetable Soup Banana Pudding	Fun Craft 19 Turkey Chili w/ beans and Vegetables Yogurt Sunday	BINGO 20 Chicken Cordon Blue w/ Ham and Swiss Cheese Sweet Potato Fries Green Beans Fluff Cake	Corn Hole 21 Baked Salmon Vegetable Medley Quinoa Pilaf Pears	
Corn Hole 24 Philly Cheese Steak Garden Salad Potato Wedges Banana	Roll the Dice 25 Turkey Sloppy Joe w/ Vegetables Brussell Sprouts Pasta Apple Pie	Movie 26 Pulled Pork Green Beans Apple Sauce Quinoa Pilaf Grapes	Add your Colors 27 Beef Stew w/ Vegetables Brown Rice Watermelon	Birthday Celebration 28 Mexican Chicken Soup w/ Vegetables Tortilla Chips Brown Rice Pilaf Cherry Cobbler	

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John Smith, RDW 1/24/25