

NOVEMBER 2024

OUR LADY OF FATIMA
1735 ALEXANDER ROAD
DELANSON, NY 12053
MONDAY, WEDNESDAY, FRIDAY
10:00AM-1:00PM



Monday

Tuesday

Wednesday

Thursday

Friday

Domino 1
Cordon Blue w/
Chicken, Ham & Swiss
Mashed Potatoes
Green Beans Butternut
Squash
Rice Pudding

Thank a Veteran Cards 4
One Pan Shrimp &
Rice
Vegetables Carrots
Watermelon

5

BINGO 6
Lentil Veg Soup
Cold Cut Sandwich
Lettuce, Tomato & Onion
Strawberry Cheese Cake

7

Dominos 8
Stuffed Squash with
Turkey and Vegetables
Rice Pilaf
Fruit Salad

CLOSED 11
Veteran's Day

12

Fall Arrangements 13
Italian Wedding Soup
Grilled Chicken, Turkey
& Swiss Cheese
Banana Bread

14

Movie 15
Cheeseburger
Broccoli slaw
Lettuce,
Tomato, Onion
Strawberries

Audio Book 18
Beef Taco
Rice Pilaf
Mexican Dessert
(Churros)

19

Domino 20
Chicken Quesadilla
Onion, Pepper and
Guacamole w/ mango
Grapes

21

Thanksgiving Dinner Show & Tell 22
Turkey
Carrots, Green Bean
Casserole
Sweet Potato, Stuffing,
Pumpkin Pie

Share a Recipe Corn Hole 25
Ham
Vegetable Medley
Coleslaw
Mashed Potato
Apple Crisp

26

Guided Relaxation 27
Chicken Kabob
Grilled Veggies
Rice
Fluff Cake

28

Closed 29
Thanksgiving

BREAD IS PROVIDED WITH EVERY MEAL.
1% MILK IS SERVED DAILY
CALL (518)382-8481 X 1302 TO RESERVE OR
CANCEL MEAL.

SUGGESTED MEAL CONTRIBUTION:
REGISTERED GUESTS 60 AND OVER - \$2.00
REQUIRED FEE FOR GUESTS UNDER 60 -
\$10.00

CASH PREFERRED
MENU ITEMS ARE SUBJECT TO CHANGE

RESERVATIONS ARE REQUIRED

SCHENECTADY COUNTY SENIOR &
LONGTERM CARE WEBSITE:
WWW.SCHENECTADYCOUNTYNY.GOV

NY CONNECTS
(518) 382-8481 X1

SENIOR NUTRITION PROGRAM HELD AT OUR LADY OF FATIMA IS OPERATED BY SIMONE'S UNDER CONTRACT WITH THE SCHENECTADY COUNTY OFFICE OF SENIOR & LONG TERM CARE. THE PROGRAM IS FUNDED BY THE OLD AMERICANS ACT, NYS OFFICE FOR THE AGING, SCHENECTADY COUNTY, AND CONTRIBUTIONS. THE PROGRAM PROVIDES SERVICES AND ACCESS TO SERVICES WITHOUT REGARD TO RACE, RELIGION, SEX, NATIONAL ORIGIN, PARTISAN AFFILIATION, OR SEXUAL ORIENTATION.

DK Lind, RN 10/31/24

NOVEMBER 2024

GLENVILLE SENIOR CENTER
 32 WORDEN ROAD,
 GLENVILLE, NY 12302
 MONDAY THRU FRIDAY
 10:00AM-1:00PM



BREAD IS PROVIDED WITH EVERY MEAL.
 1% MILK IS SERVED DAILY
 CALL (518)382-8481 X 1302 TO RESERVE OR
 CANCEL MEAL.

SUGGESTED MEAL CONTRIBUTION:
 REGISTERED GUESTS 60 AND OVER - \$2.00
 REQUIRED FEE FOR GUESTS UNDER 60 -
 \$10.00

CASH PREFERRED
 MENU ITEMS ARE SUBJECT TO CHANGE

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Monday	Tuesday	Wednesday	Thursday	Friday
			3	BINGO 1 Chili Spinach Cauliflower Corn Muffin Fruit Cocktail
Cards for Veterans 4 Roast Pork with Gravy Mashed Potatoes Asparagus Meley Applesauce	Closed 5 Election Day	BINGO 6 Ham & Swiss on Bun Mustard Marinated Carrots Coleslaw Banana	Music with BOB 7 Beef with Broccoli Rice Pilaf Green & Wax Beans Fruit Cocktail	1960's Trivia 8 Stuff Pepper Casserole Beets Mixed Vegetables Graham Crackers Yogurt
CLOSED 11 Veteran's Day	Favorite Commercials. 12 BBQ Beef on a Bun Cali Blend Veggies Warm Apple Crisp	BINGO 13 Chicken with Spinach Feta Sauce Rice Pilaf Veggie Trio Shortbread Cookies	Game Day 14 Macaroni & Cheese Butternut Squash Green Beans Mandarin Oranges	Fun Jokes 15 Meatballs in Sauce Pasta Marinara Broccoli Fruit Cocktail
Name that Tune 18 Roast Pork with Gravy Mashed Potatoes Butternut Squash Applesauce	Memory Games 19 Chicken & Biscuit Mashed Sweet Potato Lima Beans Orange	BINGO 20 Tuna Salad on a Bun Macaroni Salad Marinated Veggie Salad Fresh Apple	BOCCE 21 Pasta Bake with Meat Sauce Broccoli Wax Beans Chocolate Pudding	Thanksgiving celebration 22 Turkey, Stuffing, Mashed Potatoes Gravy Green Beans Cranberry Sauce Pumpkin Pie
Word of the Day 25 Chicken w/ Pesto Sauce Egg Noodles Stewed Tomatoes Mandarin Oranges	Game Day 26 Pasta Fagioli w/ Sausage Spinach Cranberry Crunch Yogurt	Birthday BINGO 27 Pot Roast with Gravy Mashed Potatoes Cali Blend Veggies Frosted Cake	Closed 28 Thansgiving	Closed 29 Thanksgiving

THE SENIOR NUTRITION PROGRAM HELD AT GLENVILLE SENIOR CENTER IS OPERATED BY MAZZONE'S UNDER CONTRACT WITH THE SCHENECTADY COUNTY OFFICE OF SENIOR & LONG TERM CARE. THE PROGRAM IS FUNDED BY THE OLDER AMERICANS ACT, NYS OFFICE FOR THE AGING, SCHENECTADY COUNTY, AND CONTRIBUTIONS. THE PROGRAM PROVIDES SERVICES AND ACCESS TO SERVICES WITHOUT REGARD TO RACE, RELIGION, SEX, NATIONAL ORIGIN, PARTISAN AFFILIATION, OR SEXUAL ORIENTATION.

John Smith, HDW 10/31/24

NOVEMBER

2024

TEN EYCK
375 BROADWAY,
SCHENECTADY, NY 12305
MONDAY THRU FRIDAY
10:00AM-1:00PM



BREAD IS PROVIDED WITH EVERY MEAL.
1% MILK FOR THE WEEK IS GIVEN ON
WEDNESDAYS.

CALL (518)382-8481 X 1302 TO RESERVE OR
CANCEL MEAL.

SUGGESTED MEAL CONTRIBUTION:
REGISTERED GUESTS 60 AND OVER - \$2.00
REQUIRED FEE FOR GUESTS UNDER 60 -
\$10.00

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LONGTERM CARE WEBSITE:
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NY CONNECTS
(518) 382-8481 X1

	Monday	Tuesday	Wednesday	Thursday	Friday
					Corn Hole 1 Cordon Blue w/ Chicken, Ham & Swiss Mashed Potatoes Green Beans Butternut Squash Rice Pudding
Thank a Veteran Card 4 Chicken Parmesan Sautéed Broccoli Pasta Oatmeal Cookie	Closed 5 Election Day	Fall Arrangement Class 6 Lentil Veg Soup Cold Cut Sandwich Lettuce, Tomato, Onion Strawberry Cheesecake	Birthday Celebration 7 Baked Flounder Spaghetti Squash Vegetable Medley Chickpea Salad Cherry Crisp	BINGO 8 Stuffed Squash with Turkey and Vegetables Rice Pilaf Fruit Salad	
CLOSED 11 Veteran's Day	Chair exercise/relaxation 12 Chicken Garlic w/ White Sauce Green Beans Macaroon Bars	Memory Games 13 Italian Wedding Soup Grilled Chicken, Turkey & Swiss Cheese Banana Bread	BINGO 14 Turkey Vegetable Loaf Broccoli & Carrots Baked Potato Oatmeal Cookies	Mingle & Color 15 Cheeseburger Broccoli slaw Lettuce, Tomato, Onion Strawberries	
Audio Book 18 Beef Taco Rice Pilaf Mexican Dessert (Churros)	Guided Breathing 19 Chicken Vegetable Soup Cucumber Salad Pita Watermelon	Corn Hole 20 Chicken Quesadilla Onion, Pepper and Guacamole w/ mango Grapes	Checkers Club 21 American Breakfast Homefries Pancake Oatmeal Peach & Baked Apple	Cornell Presentation 22 Turkey Carrots, Green Bean Casserole Sweet Potato, Stuffing, Pumpkin Pie	
Share a Recipe Corn Hole 25 Ham Vegetable Medley Coleslaw Mashed Potato Apple Crisp	Guided Relaxation 26 Beef Stew Vegetables Brown Rice Banana	Corn Hole 27 Chicken Kabob Grilled Veggies Rice 2 Ingredient Cake	Closed 28 Thanksgiving	Closed 29 Thanksgiving	

THE SENIOR NUTRITION PROGRAM HELD AT TEN EYCK IS OPERATED BY SIMONE'S UNDER CONTRACT WITH THE SCHENECTADY COUNTY OFFICE OF SENIOR & LONG TERM CARE. THE PROGRAM IS FUNDED BY THE OLDER AMERICANS ACT, NYS OFFICE FOR THE AGING, SCHENECTADY COUNTY, AND CONTRIBUTIONS. THE PROGRAM PROVIDES SERVICES AND ACCESS TO SERVICES WITHOUT REGARD TO RACE, RELIGION, SEX, NATIONAL ORIGIN, PARTISAN AFFILIATION, OR SEXUAL ORIENTATION.

John Hill, RDW 10/31/24