OUR LADY OF FATIMA 1735 ALEXANDER ROAD DELANSON, NY 12053 MONDAY,WEDNESDAY, FRIDAY 10:00AM-1:00PM



BREAD IS PROVIDED WITH EVERY MEAL. 1% MILK IS SERVED DAILY CALL (518)382-8481 X 1302 TO RESERVE OR CANCEL MEAL.

SUGGESTED MEAL CONTRIBUTION: REGISTERED GUESTS 60 AND OVER - \$2.00 REQUIRED FEE FOR GUESTS UNDER 60 -\$10.00

CASH PREFERRED
MENU ITEMS ARE SUBJECT TO CHANGE

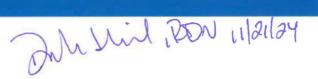
RESERVATIONS ARE REQUIRED

SCHENECTADY COUNTY SENIOR & LONGTERM CARE WEBSITE: WWW.SCHENECTADYCOUNTYNY.GOV

NY CONNECTS (518) 382-8481 X1

Monday	Tuesday	Wednesday	Thursday	Friday
Story Time 2 Turkey Sloppy Joe Cabbage Slaw Sautéed Broccoli Fluff Cake	3	Build a Christmas Village 1 Carrot Ginger Soup Turkey & Cheese Sandwich Strawberry Cheese Cake	5	BINGO 6 Stuffed Squash with Turkey and Vegetables Rice Pilaf Pears
Constitution Day 9 Trivia American Breakfast Home Fries Baked Apples Pancakes Oatmeal & Banana Bread	10	Build a Christmas 1 1 Village 2 Split Peas & Ham Soup Garden Salad Potato Peach	12	Dominos 13 Cheeseburger Broccoli Slaw Strawberries
Make Greeting¶ 6 Card Spaghetti w/ Meatballs Peas & Carrots Pineapple	17	Let's Wrap Some Gifts 18 Chicken Kabob Garden Salad Chickpea Salad Baked Apple	19	Cornell Presentation 20 Baked Salmon Vegetable Medley Quinoa Pilaf Fluff Cake
Holiday Party 23 Turkey Dinner Brussel Sprouts Carrots Pumpkin Pie	24	cLOSED 25 Christmas Holiday	26	Bill of Rights 27 Trivia Mexican Chicken Soup w/ Vegetables Tortilla Chips Brown Rice Pilaf Cherry Cobbler
Share New Year's 30 Resolution One Pan Shrimp & Rice with Vegetables Carrots IceCream Sunday	31	COLINTY OFFICE OF SENIOR &	LONG TERM CARE THE PRO	

SENIOR NUTRITION PROGRAM HELD AT OUR LADY OF FATIMA IS OPERATED BY SIMONE'S UNDER CONTRACT WITH THE SCHENECTADY COUNTY OFFICE OF SENIOR & LONG TERM CARE. THE PROGRAM IS FUNDED BY THE OLD AMERICANS ACT, NYS OFFICE FOR THE AGING, SCHENECTADY COUNTY, AND CONTRIBUTIONS. THE PROGRAM PROVIDES SERVICES AND ACCESS TO SERVICES WITHOUT REGARD TO RACE, RELIGION, SEX, NATIONAL ORIGIN, PARTISAN AFFILIATION, OR SEXUAL ORIENTATION.



2024

JEWISH COMMUNITY CENTER
2565 BALLTOWN ROAD,
NISKAYUNA, NY 12309
MONDAY, WEDNESDAY,
FRIDAY 10:00AM-1:00PM



BREAD IS PROVIDED WITH EVERY MEAL. 1% MILK FOR THE WEEK IS GIVEN ON WEDNESDAYS.

CALL (518)382-8481 X 1302 TO RESERVE OR CANCEL MEAL.

SUGGESTED MEAL CONTRIBUTION:
REGISTERED GUESTS 60 AND OVER - \$2.00
REQUIRED FEE FOR GUESTS UNDER 60 \$10.00

CASH PREFERRED
MENU ITEMS ARE SUBJECT TO CHANGE

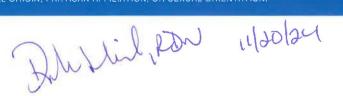
RESERVATIONS ARE REQUIRED

SCHENECTADY COUNTY SENIOR & LONGTERM CARE WEBSITE: WWW.SCHENECTADYCOUNTYNY.GOV

NY CONNECTS (518) 382-8481 X1

Monday	Tuesday	Wednesday	Thursday	Friday
Snowy Shadow 2 Boxes Baked Chicken legs Mixed Veggies Cole Slaw Fresh Fruit	3	Don't Get 4 Scammed this Holiday Season Turkey Meat Loaf Peas and Carrots Whipped Potatoes Cup Cake	5	Winter Rebus 6 Puzzles Chicken Francaise Mixed Vegetables Potato Chocolate cookies
Holiday Photo 9 Shoot Greek Chicken Mixed Garden Salad Basmati Rice Fresh Whole Fruit	10	Recipe Swap ¹¹ Stuffed Cabbage Zucchini and Carrots Fruit Cocktail	12	BINGO 13 Pot Roast Potato Roasted Vegetables Lemon Cake
Presenter/Craft 16 BBQ Chicken Cole Slaw Potato Salad Corn Bread Cup Cake	17	Beaded Star 18 Decorations Chicken Schnitzel Italian Veggles Pasta Fruit Salad	19	Birthday 20 Corn Hole Roast Turkey Fresh Carrots Cranberry Sauce Mashed potatoes White cake
White Elephant 23 Gift Exchange Baked Salmon Green Beans Baked potato Cup cake	24	25 CLOSED FOR HOLIDAY	26	Hanukah 27 Celebration Roast Brisket Roasted Mixed Vegetables Roasted Potatoes Brown Cake
Hanukah Comed 0 Event with JCC Baked Chicken legs Mixed Veggies Cole Slaw Fresh Fruit	31	Your paragraph text		

THE SENIOR NUTRITION PROGRAM HELD AT SCHENETADY JEWISH COMMUNITY CENTER IS OPERATED BY 518 KOSHER UNDER CONTRACT WITH THE BATERIED ABY COUNTY OFFICE OF SENIOR & LONG TERM CARE. THE PROGRAM IS
FUNDED BY THE OLDER AMERICANS ACT, NYS OFFICE FOR THE AGING, SCHENECTADY COUNTY, AND CONTRIBUTIONS. THE PROGRAM PROVIDES SERVICES AND ACCESS TO SERVICES WITHOUT REGARD TO RACE, RELIGION, SEX.
NATIONAL ORIGIN, PARTISAN AFFILIATION. OR SEXUAL ORIENTATION.



2024

GLENVILLE SENIOR CENTER 32 WORDEN ROAD. GLENVILLE, NY 12302 MONDAY THRU FRIDAY 10:00AM-1:00PM



BREAD IS PROVIDED WITH EVERY MEAL. 1% MILK IS SERVED DAILY CALL (518)382-8481 X 1302 TO RESERVE OR CANCEL MEAL.

SUGGESTED MEAL CONTRIBUTION: REGISTERED GUESTS 60 AND OVER - \$2.00 REQUIRED FEE FOR GUESTS UNDER 60 -\$10.00 CASH PREFERRED

MENU ITEMS ARE SUBJECT TO CHANGE RESERVATIONS ARE REQUIRED

SCHENECTADY COUNTY SENIOR & LONGTERM CARE WEBSITE: WWW.SCHENECTADYCOUNTYNY.GOV

> NY CONNECTS (518) 382-8481 X1

Monday

Craft

Chicken w/ Fiesta Sauce Rice Pilaf Vegetable Trio Corn Muffin Peaches

Make & Take Sugar Cookies 9

Beef Pot Roast w/ Gravv Mashed Potatoes Broccoli Pears

Woodpainting 16 Christmas Ornament

Pork w/ Tarragon Sauce Mashed Potatoes Asparagus Veg. Medley Applesauce

Name that Tune 23

Pulled BBQ Beef Vegetable Trio Berry Crisp

New Years Eve 30 Celebraiton

Beef & Rice Casserole Mixed Vegetables Peach Crisp Corn Muffin

Tuesday

Memory Games

Italian Meatloaf Garlic Mashed Potatoes Green Beans Chocolate Chip Cookies

Arrangement 10

Pork w/ Apple Glaze Oven Sweet Potatoes Red Cabbage Oatmeal Cookies

50's Music. 17

Beef & Broccoli Rice Pilaf Green & Wax Beans Fruit Cocktail

Closed 24

Christmas Eve

CLOSED

31

New Years Eve

Wednesday

BINGO

Turkey w/ Gravy **Butternut Squash** Broccoli Pumpkin Muffin

BINGO 11

Chicken Salad on bun Macaroni Salad Marinated Vegetable Salad Pears

BINGO 18

Herb Chicken w/ Gravv Stuffing Beets Applesauce

25 Closed

Christmas

Thursday

Cards for Veterans 5

Ham with Cran, Mustard Sauce Au Gratin Potatoes Mixed Vegetables **Applesauce**

Presentation 12 Breaded Fish Macaroni & Cheese California Vegetables Chocolate Pudding

Cornell

Piano Music 19

Split Pea Soup w/ Ham Cauliflower Apple Crisp Corn Muffin

Piano Music 26

Pasta & Meatballs in Marinara Sauce Broccoli Fruit Cocktail

Friday

Eddy Senior Care and Craft

/egetable Quiche Bake O'Brien Potatoes Berry Crisp Yogurt Orange

1960's Trivia 13

Chili Spinach Cauliflower Corn Muffin Fruit Cocktail

Christmas Specia 20

Meat Lasagna Garlic Broccoli **Baby Carrots** Cheesecake w/ Sauce/Topping

New Years 27 Resolutions

Turkey & Swiss Cheese on Marinated Carrots Three Bean Salad Mandarin Oranges

THE SENIOR NUTRITION PROGRAM HELD AT GLENVILLE SENIOR CENTER IS OPERATED BY MAZZONE'S UNDER CONTRACT WITH THE SCHENECTADY COUNTY OFFICE OF SENIOR & LONG TERM CARE, THE PROGRAM IS FUNDED BY THE OLDER AMERICANS ACT, NYS OFFICE FOR THE AGING, SCHENECTADY COUNTY, AND CONTRIBUTIONS, THE PROGRAM PROVIDES SERVICES AND ACCESS TO SERVICES WITHOUT REGARD TO RACE, RELIGION, SEX, NATIONAL ORIGIN, PARTISAN AFFILIATION, OR SEXUAL ORIENTATION.



2024

TEN EYCK 375 BROADWAY, SCHENECTADY, NY 12305 MONDAY THRU FRIDAY 10:00AM-1:00PM



BREAD IS PROVIDED WITH EVERY MEAL. 1% MILK FOR THE WEEK IS GIVEN ON WEDNESDAYS.

CALL (518)382-8481 X 1302 TO RESERVE OR CANCEL MEAL.

SUGGESTED MEAL CONTRIBUTION: REGISTERED GUESTS 60 AND OVER - \$2.00 REQUIRED FEE FOR GUESTS UNDER 60 -\$10.00

CASH PREFERRED MENU ITEMS ARE SUBJECT TO CHANGE

RESERVATIONS ARE REQUIRED

SCHENECTADY COUNTY SENIOR & LONGTERM CARE WEBSITE: WWW.SCHENECTADYCOUNTYNY.GOV

> NY CONNECTS (518) 382-8481 X1

Monday

Story Time

Turkey Sloppy Joe

Cabbage Slaw

Sautéed Broccoli

Fluff Cake

Constitution Day Q

Trivia American Breakfast

Home Fries

Baked Apples

Pancakes

Oatmeal & Banana

Bread

Trivia

Spaghetti w/ Meatballs

Peas & Carrots

Pineapple

Bill of Rigths 16

Tuesday

Cornhole Gift Wrapping 3

Competition 1 4 Carrot Ginger Soup Turkey & Cheese Sandwich Strawberry Cheese Cake

BINGO

Split Peas & Ham Soup

Garden Salad

Potato

Peach

Make Greeting 18

Cards

Chicken Kabob

Garden Salad

Chickpea Salad

Baked Apple

CLOSED

Christmas

Holiday

11

25

Wednesday

Chair Exercise/10 Relaxation

Beef Kofta Kabob

Garden Salad

Potatoes

Chicken Garlic w/ White Sauce Sautéed Broccoli Pasta Oatmeal Cookies

Let's Wrap

Soup Banana Pudding

Holiday Party 23

Turkey Dinner **Brussel Sprouts** Carrots Pumpkin Pie

Share New 30 Year's Resolution

One Pan Shrimp & Rice with Vegetables Carrots IceCream Sunday

Fruit Salad

Some Gifts 17

Chicken Vegetable

CLOSED 24

Christmas Holiday

Closed 31

New Years Eve

Thursday

Memory Games 5

Vegetable Medley Chickpea Salad Berries Parfait

Baked Flounder

Mingle & Chat 12

Turkey Vegetable Loaf w/ Broccoli & Carrots **Baked Potato** Macaroon Bars

BINGO

19

Cordon Blue Mashed Potato Green Beans **Brownies**

Show & Tell 26

Beef Stew Vegetables White Rice Banana

Friday

BINGO

Stuffed Squash with Turkey and Vegetables Rice Pilaf Pears

6

20

27

Holiday Craft 13

Cheeseburger Broccoli Slaw Strawberries

Corn Hole

Baked Salmon Vegetable Medley Ouinoa Pilaf Fluff Cake

Birthday Celebraiton

Mexican Chicken Soup w/ Vegetables Tortilla Chips Brown Rice Pilaf Cherry Cobbler

SENIOR NUTRITION PROGRAM HELD AT TEN EYCK IS OPERATED BY SIMONE'S UNDER CONTRACT WITH THE SCHENECTADY COUNTY OFFICE OF SENIOR & LONG TERM CARE. THE PROGRAM IS FUNDED BY THE OLDER AMERICA ACT, NYS OFFICE FOR THE AGING, SCHENECTADY COUNTY, AND CONTRIBUTIONS, THE PROGRAM PROVIDES SERVICES AND ACCESS TO SERVICES WITHOUT REGARD TO RACE, RELIGION, SEX, NATIONAL ORIGIN, PARTISAN AFFILIATION, OR SEXUAL ORIENTATION,

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