

AUGUST 2024

OUR LADY OF FATIMA
1735 ALEXANDER ROAD
DELANSON, NY 12053
MONDAY, WEDNESDAY, FRIDAY
10:00AM-1:00PM



BREAD IS PROVIDED WITH EVERY MEAL.
1% MILK IS SERVED DAILY
CALL (518)382-8481 X 1302 TO RESERVE OR
CANCEL MEAL.

SUGGESTED MEAL CONTRIBUTION:
REGISTERED GUESTS 60 AND OVER - \$2.00
REQUIRED FEE FOR GUESTS UNDER 60 -
\$10.00

CASH PREFERRED
MENU ITEMS ARE SUBJECT TO CHANGE

RESERVATIONS ARE REQUIRED

SCHENECTADY COUNTY SENIOR &
LONGTERM CARE WEBSITE:
WWW.SCHENECTADYCOUNTYNY.GOV

NY CONNECTS
(518) 382-8481 X1

Monday	Tuesday	Wednesday	Thursday	Friday
			1	Game Day 2 Cordon Blue Squares Mashed Potato Green Beans Banana
Dream Catcher Craft - Part 1 5 Veggie Pizza Chicken Fingers w/ Marinara Sauce Mandarin Oranges	6	Native American Literature 7 Vegetarian Burger Roasted Potato Garden Salad Apple Sauce Cake	8	Domino Train Game 9 Chicken Garlic White Sauce Sautéed Broccoli Ice-cream Sunday
Dream Catcher Craft- Part 2 12 Italian Wedding Soup Grilled Cheese Cucumber Salad Mandarin Oranges	13	Making Flower Bouquets 14 Pork Loin Peas & Corn Couscous Strawberry Cheesecake Pie	15	Movie 16 Baked Salmon Italian Veggies Quinoa Pilaf Fluff Cake
BINGO 19 Chicken Parm. Sub Green Salad Strawberry Applesauce	20	Luau Party 21 Pork Ribs Green Beans & Mushrooms Quinoa Pilaf Pumpkin Pie	22	Cornell Presentation 23 Hamburger Broccoli Slaw Roasted Potatoes Berry Parfait
Name that Tune 26 Veggie Quiche Turkey Sausage Waffles & Berries Apple Crisp	27	Birthday Celebration 28 Chicken Cordon Bleu Squares Mashed Potatoes Peas	29	Sand Craft 30 Vegan Burger Roasted Potato Cabbage Slaw Chocolate Banana Bread

THE SENIOR NUTRITION PROGRAM HELD AT OUR LADY OF FATIMA IS OPERATED BY SIMONE'S UNDER CONTRACT WITH THE SCHENECTADY COUNTY OFFICE OF SENIOR & LONG TERM CARE. THE PROGRAM IS FUNDED BY THE OLDER AMERICANS ACT, NYS OFFICE FOR THE AGING, SCHENECTADY COUNTY, AND CONTRIBUTIONS. THE PROGRAM PROVIDES SERVICES AND ACCESS TO SERVICES WITHOUT REGARD TO RACE, RELIGION, SEX, NATIONAL ORIGIN, PARTISAN AFFILIATION, OR SEXUAL ORIENTATION.

John Smith, RDW 7/31/24

AUGUST 2024

JEWISH COMMUNITY CENTER
2565 BALLTOWN ROAD,
NISKAYUNA, NY 12309
MONDAY, WEDNESDAY,
FRIDAY 10:00AM-1:00PM



BREAD IS PROVIDED WITH EVERY MEAL.
 1% MILK FOR THE WEEK IS GIVEN ON
 WEDNESDAYS.

CALL (518)382-8481 X 1302 TO RESERVE OR
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Monday	Tuesday	Wednesday	Thursday	Friday
			1	BINGO 2 Roast Turkey Fresh Carrots Cranberry Mashed Potatoes Grapes
Trivial Pursuit 5 Baked Salmon Green Beans Baked Potato Cup Cake	6	Block Picture Puzzles 7 Riva Chicken Roast Carrots Brown Rice Brownies	8	Indoor Horseshoes 9 Roast Brisket Roasted Mixed Vegetables Roasted Potatoes Applesauce
Watercolor Butterfly Bookmarks 12 Baked Chicken Legs Mixed Vegetables Cole Slaw Cupcake	13	Great Local Places to Day Trip 14 Turkey Meat Loaf Peas & Carrots Whipped Potatoes Fresh Fruit	15	Song Trivia 16 Chicken Francaise Mixed Vegetables Potato Chocolate Cookies
Learn Mahjong 19 Greek Chicken Mixed Garden Salad Basmati Rice Fresh Whole Fruit	20	Word Games 21 Stuffed Cabbage Zucchini & Carrots Lemon Cake	22	Uno! 23 Pot Roast Potato Roasted Vegetables Banana
Summer Flower Paintings 26 BBQ Chicken Cole Slaw Potato Salad Corn Bread Cup Cake	27	Tumbling Towers Game 28 Chicken Schnitzel Italian Veggies Pasta Fruit Salad	29	Birthday Celebration 30 Roast Turkey Fresh Carrots Cranberry Sauce Mashed potatoes White cake

SENIOR NUTRITION PROGRAM HELD AT SCHENECTADY JEWISH COMMUNITY CENTER IS OPERATED BY 518 KOSHER UNDER CONTRACT WITH THE SCHENECTADY COUNTY OFFICE OF SENIOR & LONG TERM CARE. THE PROGRAM IS FUNDED BY THE OLDER AMERICANS ACT, NYS OFFICE FOR THE AGING, SCHENECTADY COUNTY, AND CONTRIBUTIONS. THE PROGRAM PROVIDES SERVICES AND ACCESS TO SERVICES WITHOUT REGARD TO RACE, RELIGION, SEX, NATIONAL ORIGIN, PARTISAN AFFILIATION, OR SEXUAL ORIENTATION.

Handwritten signature: D. K. ... 8/2/24

AUGUST 2024

GLENVILLE SENIOR CENTER
 32 WORDEN ROAD,
 GLENVILLE, NY 12302
 MONDAY THRU FRIDAY
 10:00AM-1:00PM



BREAD IS PROVIDED WITH EVERY MEAL.
 1% MILK IS SERVED DAILY
 CALL (518)382-8481 X 1302 TO RESERVE OR
 CANCEL MEAL.

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NY CONNECTS
 (518) 382-8481 X1

	Monday	Tuesday	Wednesday	Thursday	Friday
				Simon Say's' 1 Turkey Meatloaf with Onion Gravy Mashed Potatoes Broccoli Peaches	Day of Singing 2 Beef Enchilada Casserole Green Beans Corn Muffin Berry Crisp
	Hang Man 5 Chicken with Garlic Parm Sauce Buttered Pasta Peas and Carrots Mandarin Oranges	Corn Hole 6 Swiss Steak with Gravy Mashed Potatoes Spinach Chocolate Cookies	BINGO 7 Breaded Fish with Tartar Sauce Mac & Cheese Broccoli Fruit Cocktail	Favorite Memories - 60's 8 Quiche Casserole Hash Browns Berry Crisp Bran Muffin Orange	1950's Trivia 9 Turkey and Swiss on Bun with Mayo Potato Salad Tomato & Cuke Salad Banana
	Monday Reading 12 Pulled BBQ Pork on Roll Cabbage Carrots Oatmeal Cookies	Brain Games 13 Chicken with Orange Ginger Sauce Rice Pilaf Asian Vegetables Yogurt	BINGO 14 Hot Dog with Meat Sauce German Potato Salad Vegetable Trio Applesauce	Cornell Presentations 15 Beef Pot Roast with Gravy Mashed Potatoes Broccoli Mandarin Oranges	Fun Jokes 16 Vegetable Lasagna Wax Beans Warm Peach Crisp
	Weekend Recap 19 Meatball Sub with Red Sauce Mixed Veggies Cauliflower Vanilla Pudding	Favorite Commercials 20 Roast Pork with Gravy Mashed Sweet Potatoes Spinach Applesauce	Senior Fun Day Special Menu! 21	BOCCE 22 Chicken with Divan Sauce Orzo Pasta Carrots Fruit Cocktail	Senior Choice 23 Seafood Salad Macaroni Salad Marinated Green Beans Corn Muffin Mandarin Oranges
	Word of the Day 26 Sausage, Peppers, and Onions on a Roll Spinach Peach Crisp Potato Chips	1980's Music 27 Beef & Veggie Stir Fry Rice Pilaf Green & Wax Beans Shortbread Cookies	Birthday Celebration 28 Egg Salad on Bun Three Bean Salad Marinated Carrots Plum	Wheel of Fortune 29 Breaded Fish with Tarragon Sauce Oven Roasted Potatoes Peas & Carrots Pears	Friday Fun 30 Chicken and Bacon Mac & Cheese Broccoli Butternut Squash Yogurt

THE SENIOR NUTRITION PROGRAM HELD AT GLENVILLE SENIOR CENTER IS OPERATED BY MAZZONE'S UNDER CONTRACT WITH THE SCHENECTADY COUNTY OFFICE OF SENIOR & LONG TERM CARE. THE PROGRAM IS FUNDED BY THE OLDER AMERICANS ACT, NYS OFFICE FOR THE AGING, SCHENECTADY COUNTY, AND CONTRIBUTIONS. THE PROGRAM PROVIDES SERVICES AND ACCESS TO SERVICES WITHOUT REGARD TO RACE, RELIGION, SEX, NATIONAL ORIGIN, PARTISAN AFFILIATION, OR SEXUAL ORIENTATION.

Dick Lind, PDW 7/31/24

AUGUST 2024

TEN EYCK
375 BROADWAY,
SCHENECTADY, NY 12305
MONDAY THRU FRIDAY
10:00AM-1:00PM



BREAD IS PROVIDED WITH EVERY MEAL.
1% MILK FOR THE WEEK IS GIVEN ON
WEDNESDAYS.

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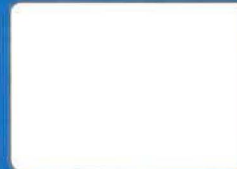
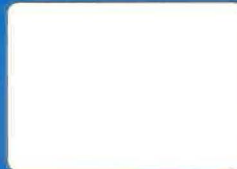
Monday

Tuesday

Wednesday

Thursday

Friday



August Highlights 1
Cordon Blue Squares
Mashed Potato
Green Beans
Banana

Sharing 2
Turkey Sausage
Quiche
Mixed Vegetables
Berries

HIICAP Presentation 5
Veggie Pizza
Chicken Fingers w/
Marinara Sauce
Mandarin Oranges

**Native American
Presentation 6**
Turkey Bean Sloppy Joe
Carrots & Peas
Cherry Crisp

Take A Deep Breath 7
Vegetarian Burger
Roasted Potato
Garden Salad
Apple Sauce Cake

BINGO 8
Spaghetti w/ Meat
Sauce
Garden Salad
Banana

**Cornhole
Competition 9**
Chicken Garlic White
Sauce
Sautéed Broccoli
Ice-cream Sunday

Memory Games 12
Italian Wedding Soup
Grilled Cheese
Cucumber Salad
Mandarin Oranges

BINGO 13
Turkey Veg. Loaf
Carrots & Broccoli
Baked Potato
Oatmeal Cookie

**Dream Catcher Craft
Part One 14**
Pork Loin
Peas & Corn
Couscous
Strawberry Cheesecake
Pie

**Dream Catcher
Craft - Part 2 15**
Zucchini Fritters
Lentil Veggie Soup
Banana

**Dream Catcher
CraftPart 3 16**
Baked Salmon
Italian Veggies
Quinoa Pilaf
Fluff Cake

Luau Celebration 19
Chicken Parm. Sub
Green Salad
Strawberry
Applesauce

Cornhole 20
Baked Cod
Green Beans
Quinoa/Kale Tabbouli
Ice-cream Sunday

**Favorite
Commercials 21**
Pork Ribs
Green Beans &
Mushrooms
Quinoa Pilaf
Pumpkin Pie

BINGO 22
Turkey Chili
Rice
Tortilla Chips
Banana

Game Day 23
Hamburger
Broccoli Slaw
Roasted Potatoes
Berry Parfait

**Ad Some Colors
Sand Craft 26**
Veggie Quiche
Turkey Sausage
Waffles & Berries
Apple Crisp

**Relaxation
Music 27**
Beef Stew
Egg Noodles
Mandarin Oranges

**Birthday
Celebration 28**
Chicken Cordon Bleu
Squares
Mashed Potatoes
Peas

Word Games 29
Turkey Tacos
Pico De Gallo
Mexican Brown Rice
Fruit Salad

**Outside Fun
Friday 30**
Vegan Burger
Roasted Potato
Cabbage Slaw
Chocolate Banana Bread

THE SENIOR NUTRITION PROGRAM HELD AT TEN EYCK IS OPERATED BY SIMONE'S UNDER CONTRACT WITH THE SCHENECTADY COUNTY OFFICE OF SENIOR & LONG TERM CARE. THE PROGRAM IS FUNDED BY THE OLDER AMERICANS ACT, NYS OFFICE FOR THE AGING, SCHENECTADY COUNTY, AND CONTRIBUTIONS. THE PROGRAM PROVIDES SERVICES AND ACCESS TO SERVICES WITHOUT REGARD TO RACE, RELIGION, SEX, NATIONAL ORIGIN, PARTISAN AFFILIATION, OR SEXUAL ORIENTATION.

Doherty, PDW 7/31/24