

# SEPTEMBER 2024

OUR LADY OF FATIMA  
1735 ALEXANDER ROAD  
DELANSON, NY 12053  
MONDAY, WEDNESDAY, FRIDAY  
10:00AM-1:00PM



BREAD IS PROVIDED WITH EVERY MEAL.  
1% MILK IS SERVED DAILY  
CALL (518)382-8481 X 1302 TO RESERVE OR  
CANCEL MEAL.

SUGGESTED MEAL CONTRIBUTION:  
REGISTERED GUESTS 60 AND OVER - \$2.00  
REQUIRED FEE FOR GUESTS UNDER 60 -  
\$10.00

CASH PREFERRED  
MENU ITEMS ARE SUBJECT TO CHANGE

RESERVATIONS ARE REQUIRED

SCHENECTADY COUNTY SENIOR &  
LONGTERM CARE WEBSITE:  
WWW.SCHENECTADYCOUNTYNY.GOV

NY CONNECTS  
(518) 382-8481 X1

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Closed</b> 2 <b>Labor Day</b>	3	<b>Cornhole</b> 3 Carrot Ginger Soup Cold Cut Sandwich Strawberry Cheesecake	5	<b>BINGO</b> 6 Stuffed Squash Rice Pilaf Creamy Garlic Spread Cherry Crisp
<b>Show &amp; Tell</b> 9 Eggs, Turkey Sausage Homefries Baked Apple Pancakes, Oatmeal Peach	10	<b>American History Trivia</b> 11 Italian Wedding Soup Grilled Turkey, & Swiss Sandwich Banana Bread	12	<b>Hot Air Balloon Craft</b> 13 Cheeseburger Broccoli slaw Strawberries
<b>Hispanic Heritage Trivia</b> 16 Beef Tacos Pico Rice Pilaf Churros	17	<b>HIICAP Presentation Mexican Fiesta Art</b> 18 Chicken Quesadilla Guacamole w/ Mango Ice-Cream	19	<b>Make A Sumbbrero</b> 20 Baked Salmon Italian Veggies Quinoa Pilaf Fluff Cake
<b>GAMES</b> 23 Vegan Burger Baked Beans Cole Slaw Fruit Salad	24	<b>Birthday Celebration</b> 25 Pork Loin Green Beans Zucchini Chips Quinoa Pilaf Pumpkin Pie		<b>Movie</b> 27 Mexican Chicken Soup Tortilla Chips Brown Rice Pilaf Cherry Cobbler
<b>BINGO</b> 30 Philly Steak Sandwich Garden Salad Apple Pie				30

THE SENIOR NUTRITION PROGRAM HELD AT OUR LADY OF FATIMA IS OPERATED BY SIMONE'S UNDER CONTRACT WITH THE SCHENECTADY COUNTY OFFICE OF SENIOR & LONG TERM CARE. THE PROGRAM IS FUNDED BY THE OLD AMERICANS ACT, NYS OFFICE FOR THE AGING, SCHENECTADY COUNTY, AND CONTRIBUTIONS. THE PROGRAM PROVIDES SERVICES AND ACCESS TO SERVICES WITHOUT REGARD TO RACE, RELIGION, SEX, NATIONAL ORIGIN, PARTISAN AFFILIATION, OR SEXUAL ORIENTATION.

*Dan Lind, PDN 8/28/24*

# SEPTEMBER 2024

**JEWISH COMMUNITY CENTER**  
**2565 BALLTOWN ROAD,**  
**NISKAYUNA, NY 12309**  
**MONDAY, WEDNESDAY,**  
**FRIDAY 10:00AM-1:00PM**



BREAD IS PROVIDED WITH EVERY MEAL.  
 1% MILK FOR THE WEEK IS GIVEN ON  
 WEDNESDAYS.

CALL (518)382-8481 X 1302 TO RESERVE OR  
 CANCEL MEAL.

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NY CONNECTS  
 (518) 382-8481 X1

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Labor Day 2</b> <b>SITE CLOSED</b>	3	<b>Wildlife Art Project 4</b> Riva Chicken Roast Carrots Brown Rice Applesauce	5	<b>BOOK CLUB 6</b> Roast Brisket Roasted Mixed Vegetables Roasted Potatoes Brown Cake
<b>Trivia Day 9</b> Baked Chicken legs Mixed Veggies Cole Slaw Cupcake	10	<b>National Day 11 of Service</b> Turkey Meat Loaf Peas and Carrots Whipped Potatoes Fresh Fruit	12	<b>History of Uncle Sam 13</b> Chicken Francaise Mixed Vegetables Potato Chocolate cookies
<b>Cornhole 16</b> Greek Chicken Mixed Garden Salad Basmati Rice Fresh Whole Fruit	17	<b>Cornell Presentation 18</b> Stuffed Cabbage Zucchini and Carrots Fruit Cocktail	19	<b>HIICAP Presentation 20</b> Pot Roast Potato Roasted Vegetables Lemon Cake
<b>Connect 4 23</b> BBQ Chicken Cole Slaw Potato Salad Corn Bread Cup Cake	24	<b>Aging Awareness 25 Day &amp; Birthday Celebration</b> Chicken Schnitzel Italian Veggies Pasta Fruit Salad	26	<b>Ancestor Appreciation Day 27</b> Roast Turkey Fresh Carrots Cranberry Sauce Mashed potatoes Mandarin Oranges
<b>Autumn Leaves Art 30</b> Baked Salmon Green Beans Baked potato Cup cake				

THE SENIOR NUTRITION PROGRAM HELD AT SCHENECTADY JEWISH COMMUNITY CENTER IS OPERATED BY 518 KOSHER UNDER CONTRACT WITH THE SCHENECTADY COUNTY OFFICE OF SENIOR & LONG TERM CARE. THE PROGRAM IS FUNDED BY THE OLDER AMERICANS ACT, NYS OFFICE FOR THE AGING, SCHENECTADY COUNTY, AND CONTRIBUTIONS. THE PROGRAM PROVIDES SERVICES AND ACCESS TO SERVICES WITHOUT REGARD TO RACE, RELIGION, SEX, NATIONAL ORIGIN, PARTISAN AFFILIATION, OR SEXUAL ORIENTATION.

*DMK/RSW 8/27/24*

# SEPTEMBER 2024

**GLENVILLE SENIOR CENTER**  
 32 WORDEN ROAD,  
 GLENVILLE, NY 12302  
 MONDAY THRU FRIDAY  
 10:00AM-1:00PM



BREAD IS PROVIDED WITH EVERY MEAL.  
 1% MILK IS SERVED DAILY  
 CALL (518)382-8481 X 1302 TO RESERVE OR  
 CANCEL MEAL.

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 \$10.00

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[WWW.SCHENECTADYCOUNTYNY.GOV](http://WWW.SCHENECTADYCOUNTYNY.GOV)

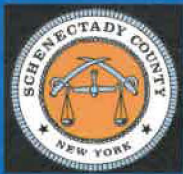
NY CONNECTS  
 (518) 382-8481 X1

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Closed</b> 2  <b>Labor Day</b>	<b>Ancestor Appreciation</b> 3 Chicken with Fiesta Sauce Rice Pilaf Vegetable Trio Corn Muffin Peaches	<b>BINGO</b> 4 Pasta Fagioli with Sausage Spinach Cranberry Crunch Yogurt	<b>TRIVIA</b> 5 Teriyaki Meatballs Rice Pilaf Asian Vegetables Fruit Cocktail	<b>Day of Singing</b> 6 Roast Pork Marsala Roast Potatoes Broccoli Shortbread Cookies
<b>Hang Man</b> 9 Pesto Chicken Egg Noodles Stewed Tomatoes Mandarin Oranges	<b>Corn Hole</b> 10 Beef Pot Roast with Gravy Mashed Potatoes Broccoli Peaches	<b>BINGO</b> 11 Tuna Salad on Bun Macaroni Salad Tomato Cuke Salad Potato Chips Banana	<b>Favorite Memories - 60's</b> 12 Ham with Cranberry Mustard Sauce Au Gratin Potatoes Mixed Vegetables Applesauce	<b>1960's Trivia</b> 13 Vegetable Quiche Bake Obrien Potatoes Berry Crisp Yogurt
<b>Monday Reading</b> 16 Beef Stroganoff Egg Noodles Carrots Mandarin Oranges	<b>Brain Games</b> 17 Pork with Apple Glaze Sweet Potatoes Red Cabbage Oatmeal Cookies	<b>BINGO</b> 18 Herb Chicken with Gravy Stuffing Peas & Carrots Applesauce	<b>Cornell Presentations</b> 19 Breaded Fish Tartar Sauce Macaroni & Cheese Broccoli Chocolate Pudding	<b>Fun Jokes</b> 20 Chili Spinach Cauliflower Corn Muffin Fruit Cocktail
<b>HIICAP Presentation</b> 23 Chicken Parmesan Pasta with Red Sauce Vegetable Trio Pears	<b>Game Day</b> 24 Ham & Swiss on Bun with Mustard Potato Salad Marinated Veg Salad Banana	<b>Birthday Celebration</b> 25 Beef & Veggie Stir Fry Rice Pilaf Green and Wax Beans Frosted Cake	<b>BOCCE</b> 26 Pork with Tarragon Sauce Mashed Potatoes Asparagus Medley Applesauce	<b>Senior Choice</b> 27 BBQ Beef on Bun Cali Blend Veggies Apple Crisp
<b>Word of the Day</b> 30 Stuffed Pepper Casserole Mixed Veggies Graham Crackers Yogurt				

THE SENIOR NUTRITION PROGRAM HELD AT GLENVILLE SENIOR CENTER IS OPERATED BY MAZZONE'S UNDER CONTRACT WITH THE SCHENECTADY COUNTY OFFICE OF SENIOR & LONG TERM CARE. THE PROGRAM IS FUNDED BY THE OLDER AMERICANS ACT, NYS OFFICE FOR THE AGING, SCHENECTADY COUNTY, AND CONTRIBUTIONS. THE PROGRAM PROVIDES SERVICES AND ACCESS TO SERVICES WITHOUT REGARD TO RACE, RELIGION, SEX, NATIONAL ORIGIN, PARTISAN AFFILIATION, OR SEXUAL ORIENTATION.

*John Hill, PDW 8/27/24*

# SEPTEMBER 2024



TEN EYCK  
 375 BROADWAY,  
 SCHENECTADY, NY 12305  
 MONDAY THRU FRIDAY  
 10:00AM-1:00PM

BREAD IS PROVIDED WITH EVERY MEAL.  
 1% MILK FOR THE WEEK IS GIVEN ON  
 WEDNESDAYS.

CALL (518)382-8481 X 1302 TO RESERVE OR  
 CANCEL MEAL.

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 REGISTERED GUESTS 60 AND OVER - \$2.00  
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 (518) 382-8481 X1

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Closed</b> 2 <b>Labor Day</b>	<b>Trivia</b> 3 Pizza & Chicken Strips Veggies Fruit Salad	<b>Cornhole Competition</b> 4 Carrot Ginger Soup Cold Cut Sandwich Strawberry Cheesecake	<b>Memory Games</b> 5 Baked Flounder Veggie Medley Chickpea Salad Ice cream/whip cream	<b>BINGO</b> 6 Stuffed Squash Rice Pilaf Cherry Crisp
<b>Show &amp; Tell Mingle</b> 9 Eggs, Turkey Sausage Homefries Baked Apple Pancakes, Oatmeal Peach	<b>Chair Exercise/Relaxation</b> 10 Chicken w/ White Sauce Sautéed Broccoli Pasta Macaroon Bars	<b>American History Trivia</b> 11 Italian Wedding Soup Grilled Turkey, & Swiss Sandwich Banana Bread	<b>BINGO</b> 12 Turkey Vegetable Loaf Broccoli/ Carrots Baked Potato Oatmeal Cookies	<b>Hot Air Balloon Lamp Craft</b> 13 Cheeseburger Broccoli slaw Strawberries
<b>Hispanic Heritage Trivia</b> 16 Beef Tacos Pico Rice Pilaf Churros	<b>How did Spain Get Here?</b> 17 Chicken Vegetable Soup Cucumber Salad Watermelon	<b>Make a Sombrero Craft</b> 18 Chicken Quesadilla Guacamole w/ Mango Ice-Cream	<b>BINGO</b> 19 Chicken Cordon Blue Green Beans Mashed Potato Brownies	<b>Mexican Fiesta Art</b> 20 Baked Salmon Vegetable Medley Quinoa Pilaf Fluff Cake
<b>Audio Book</b> 23 Vegan Burger Baked Beans Cole slaw Fruit Salad	<b>Guided Relaxation</b> 24 Beef Stew Brown Rice Banana	<b>Birthday Celebration</b> 25 Pork Loin Green Beans Zucchini Chips Quinoa Pilaf Pumpkin Pie	<b>BINGO</b> 26 Veggie Quiche Fruit Salad Pancake Oatmeal Cookie Apple Square	<b>Cornell Presentation</b> 27 Mexican Chicken Soup Tortilla Chips Brown Rice Pilaf Cherry Cobbler
<b>Audio Book Short Story</b> 30 Philly Steak Sandwich Garden Salad Apple Pie				

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*John King PDN 8/28/24*