

JUNE 2024

OUR LADY OF FATIMA
1735 ALEXANDER ROAD
DELANSON, NY 12053
MONDAY, WEDNESDAY, FRIDAY
10:00AM-1:00PM



BREAD IS PROVIDED WITH EVERY MEAL.
1% MILK IS SERVED DAILY
CALL (518)382-8481 X 1302 TO RESERVE OR
CANCEL MEAL.

SUGGESTED MEAL CONTRIBUTION:
REGISTERED GUESTS 60 AND OVER - \$2.00
REQUIRED FEE FOR GUESTS UNDER 60 -
\$10.00

CASH PREFERRED
MENU ITEMS ARE SUBJECT TO CHANGE.

SCHENECTADY COUNTY SENIOR &
LONGTERM CARE WEBSITE:
WWW.SCHENECTADYCOUNTYNY.GOV

NY CONNECTS
(518) 382-8481 X1

Monday

Tuesday

Wednesday

Thursday

Friday

BINGO 3 Veggie Pizza Chicken fingers w/ Marinara Sauce Mandarin Oranges	4	Strawberry Festival 5 Vegetarian Burger Roasted Potato Garden Salad Apple Sauce Cake	6	Domino Train Game 7 Chicken Garlic White Sauce Sautéed Broccoli Icecream Sunday
UNO 10 Italian Wedding Soup Grilled Cheese Cucumber Salad Mandarin Oranges	11	Build a flower Word Puzzle 12 Pork Loin Peas & Corn Couscous Strawberry Cheesecake Pie	13	Movie 14 Baked Salmon Italian Veggies Quinoa Pilaf Fluff Cake
EPIC Presentation 17 Chicken Parm Sub Green Salad Strawberry Applesauce	21	19 Closed for Juneteenth	20	Cornell Presentation 21 Hamburger Broccoli Slaw Roasted Potatoes Berry Parfait
BIG BINGO 24 Veggie Quiche Turkey Sausage Waffles & Berries Apple Crisp	25	Crafts 26 Chicken Cordon Bleu Squares Mashed Potato Peas & Carrots Rice Pudding	27	Birthday Celebration 28 Vegan Burger Roasted Potato Cabbage Slaw Chocolate Banana Bread

THE SENIOR NUTRITION PROGRAM HELD AT OUR LADY OF FATIMA IS OPERATED BY SIMONE'S UNDER CONTRACT WITH THE SCHENECTADY COUNTY OFFICE OF SENIOR & LONG TERM CARE. THE PROGRAM IS FUNDED BY THE OLDER AMERICANS ACT, NYS OFFICE FOR THE AGING, SCHENECTADY COUNTY, AND CONTRIBUTIONS. THE PROGRAM PROVIDES SERVICES AND ACCESS TO SERVICES WITHOUT REGARD TO RACE, RELIGION, SEX, NATIONAL ORIGIN, PARTISAN AFFILIATION, OR SEXUAL ORIENTATION.

Dh. Whit, RDW 5/29/24

JUNE 2024

JEWISH COMMUNITY CENTER
2565 BALLTOWN ROAD,
NISKAYUNA, NY 12309
MONDAY, WEDNESDAY,
FRIDAY 10:00AM-1:00PM



BREAD IS PROVIDED WITH EVERY MEAL.
 1% MILK FOR THE WEEK IS GIVEN ON
 WEDNESDAYS.

CALL (518)382-8481 X 1302 TO RESERVE OR
 CANCEL MEAL.

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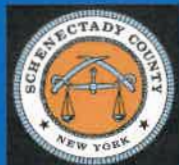
Monday	Tuesday	Wednesday	Thursday	Friday
Ring Toss 3 Chicken & Dumpling Pot Pie Bean Salad Apple Sauce	4	National BINGO for World Environment Day 5 Beef Tacos Brown Rice Sautéed Peppers and Onions Fresh Fruit	6	EPIC Presentation 7 Pot Roast w/ Vegetables Roasted Potatoes Cobbler
Card Games 10 American Goulash Green Beans Fresh Citrus	11	Jewish Holiday 12 CLOSED	13	Dad Jokes 14 Brisket Kasha Pilaf Fresh Roasted Vegetables Cobbler
Team Trivia 17 Roast Turkey Peas & Carrots Whipped Sweet Potatoes Stuffing Pineapple	18	Juneteenth Holiday 19 CLOSED	20	Clay Crafting 21 Apricot Rosemary Chicken Mixed Vegetables Brown Rice Cobbler
Name that Tune 24 Beef Meatballs & Pasta Mixed Vegetables Fruit Cocktail	25	Birthday Celebration 26 Turkey Meatloaf Peas & Carrots Whipped Sweet Potatoes Frosted Cake	27	Outside Games 28 Chicken Cacciatore Mixed Vegetables Brown Rice Cupcakes

THE SENIOR NUTRITION PROGRAM HELD AT SCHENECTADY JEWISH COMMUNITY CENTER IS OPERATED BY 518 KOSHER UNDER CONTRACT WITH THE SCHENECTADY COUNTY OFFICE OF SENIOR & LONG TERM CARE. THE PROGRAM IS FUNDED BY THE OLDER AMERICANS ACT, NYS OFFICE FOR THE AGING, SCHENECTADY COUNTY, AND CONTRIBUTIONS. THE PROGRAM PROVIDES SERVICES AND ACCESS TO SERVICES WITHOUT REGARD TO RACE, RELIGION, SEX, NATIONAL ORIGIN, PARTISAN AFFILIATION, OR SEXUAL ORIENTATION.

Devin, RDW 5/29/24

JUNE 2024

GLENVILLE SENIOR CENTER
32 WORDEN ROAD,
GLENVILLE, NY 12302
MONDAY THRU FRIDAY
10:00AM-1:00PM



BREAD IS PROVIDED WITH EVERY MEAL.
1% MILK IS SERVED DAILY
CALL (518)382-8481 X 1302 TO RESERVE OR
CANCEL MEAL.

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NY CONNECTS
(518) 382-8481 X1

Monday

Tuesday

Wednesday

Thursday

Friday

Weekend Recap 3

Italian Sausage with
Peppers, Onions
Orzo Pasta, Spinach
Banana

Monday Reading 10

Chicken with Lemon Sauce
Orzo Pasta
Cali Blend Veggies
Peaches

Weekend Recap 17

Seafood Cake with Dijon
Sauce
Mashed Sweet Potatoes
Beets
Applesauce

Word of the Day 24

Chicken with Garlic
Parm Sauce
Buttered Pasta
Peas & Carrots
Mandarin Oranges

Music Trivia 4

BBQ Chicken
Home Fries
Vegetable Trio
Yogurt

**Floral
Arrangements** 11

Beef Patty with
Mushroom & Onion Gravy
Mashed Potatoes
Peas & Carrots
Mandarin Oranges

**EPIC
Presentation** 18

Chicken with Bourbon
Sauce
Red Bliss Potatoes
Veggie Trio
Shortbread Cookies

Table Volleyball 25

Quiche Casserole
Hash Browns
Peach Crisp
Bran Muffin
Orange

BINGO 5

Goulash
Yellow Squash
Green Beans
Corn Muffin
Fruit Cocktail

BINGO 12

Turkey and Swiss on a
Bun with Mayo
Beet & Onion Salad
Marinated Veg Salad
Fruit & Nut Mix

Juneteenth 19

Closed

**Birthday
Celebration** 26

Meat Lasagna
Squash Medley
Green Beans
Frosted Cake

**Favorite memory
from the 60's** 6

Spanish Chicken and Rice
Broccoli
Peach Crisp

**Cornell
Presentation** 13

Sweet & Sour Pork
Rice Pilaf
Asian Vegetables
Pears

BOCCE 20

Turkey Meatloaf with
Mushroom Gravy
Mashed Potatoes
Broccoli
Peaches

Crazy Hat Day 27

Swiss Steak with Gravy
Mashed Potatoes
Spinach
Choc Chip Cookies

Team Trivia 7

Breaded Fish/ Tarragon
Sauce
Roasted Potatoes
Peas & Carrots
Mandarin Oranges

**Flag Day
Celebration** 14

Roast Beef with Gravy
Mashed Potatoes
Butternut Squash
Frosted Brownie

Senior Choice 21

Enchilada Casserole
Green Beans
Berry Crisp
Yogurt

BINGO 28

Cornflake Chicken with Gravy
Rice Pilaf
Broccoli
Peaches

THE SENIOR NUTRITION PROGRAM HELD AT GLENVILLE SENIOR CENTER IS OPERATED BY MAZZONE'S UNDER CONTRACT WITH THE SCHENECTADY COUNTY OFFICE OF SENIOR & LONG TERM CARE. THE PROGRAM IS FUNDED BY THE OLDER AMERICANS ACT, NYS OFFICE FOR THE AGING, SCHENECTADY COUNTY, AND CONTRIBUTIONS. THE PROGRAM PROVIDES SERVICES AND ACCESS TO SERVICES WITHOUT REGARD TO RACE, RELIGION, SEX, NATIONAL ORIGIN, PARTISAN AFFILIATION, OR SEXUAL ORIENTATION.

Handwritten: DMS/line PDW 5/28/24

JUNE 2024

TEN EYCK
375 BROADWAY,
SCHENECTADY, NY 12305
MONDAY THRU FRIDAY
10:00AM-1:00PM



BREAD IS PROVIDED WITH EVERY MEAL.
1% MILK FOR THE WEEK IS GIVEN ON
WEDNESDAYS.

CALL (518)382-8481 X 1302 TO RESERVE OR
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Monday

Tuesday

Wednesday

Thursday

Friday

**Simone's Mascot
Competition Part 1** 3
Veggie Pizza
Chicken fingers w/
Marinara Sauce
Mandarin Oranges

Memory Games 10
Italian Wedding Soup
Grilled Cheese
Cucumber Salad
Mandarin Oranges

**Mascot Championship
Results** 17
Chicken Parm Sub
Green Salad
Strawberry
Applesauce

Ad Some Colors 24
Veggie Quiche
Turkey Sausage
Waffles & Berries
Apple Crisp

**Simone's Mascot
Competition Part 2** 4
Turkey Bean Sloppy
Joe
Carrots & Peas
Cherry Crisp

BINGO 11
Turkey Veg Loaf
Carrots & Broccoli
Baked Potato
Oatmeal Cookie

Cornhole 18
Baked Cod
Green Beans
Quinoa/Kale Tabbouli
Ice Cream Sundae

**Relaxation
Music** 25
Beef Stew
Egg Noodles
Mandarin
Oranges

Take A Deep Breath 5
Vegetarian Burger
Roasted Potato
Garden Salad
Apple Sauce Cake

**Hot Air Balloon
Craft** 12
Pork Loin
Peas & Corn
Couscous
Strawberry Cheesecake
Pie

**Closed for
Juneteenth** 19

Roll the Dice 26
Chicken Cordon Bleu
Squares
Mashed Potatoes
Peas & Carrots
Rice Pudding

BINGO 6
Spaghetti w/ Meat
Sauce
Garden Salad
Banana

**Raise the Flag 13
Craft
EPIC Presentation**
Zucchini Fritters
Lentil Veggie Soup
Banana

BINGO 20
Turkey Chili
Rice
Tortilla Chips
Banana

**Birthday
Celebration** 27
Turkey Tacos
Pico de Gallo
Mexican Brown Rice
Fruit Salad

**Cornhole
Competition** 7
Chicken Garlic White
Sauce
Sautéed Broccoli
Icecream Sunday

**Father's Day
Celebration** 14
Baked Salmon
Italian Veggies
Quinoa Pilaf
Fluff Cake

**Cookie Dough
Cookie Decorating** 21
Hamburger
Broccoli Slaw
Roasted Potatoes
Berry Parfait

**Let's Make
Waffles** 28
Vegan Burger
Roasted Potato
Cabbage Slaw
Chocolate Banana Bread

THE SENIOR NUTRITION PROGRAM HELD AT TEN EYCK IS OPERATED BY SIMONE'S UNDER CONTRACT WITH THE SCHENECTADY COUNTY OFFICE OF SENIOR & LONG TERM CARE. THE PROGRAM IS FUNDED BY THE OLDER AMERICANS ACT, NYS OFFICE FOR THE AGING, SCHENECTADY COUNTY, AND CONTRIBUTIONS. THE PROGRAM PROVIDES SERVICES AND ACCESS TO SERVICES WITHOUT REGARD TO RACE, RELIGION, SEX, NATIONAL ORIGIN, PARTISAN AFFILIATION, OR SEXUAL ORIENTATION.

Dh Smith, RDW 5/29/24